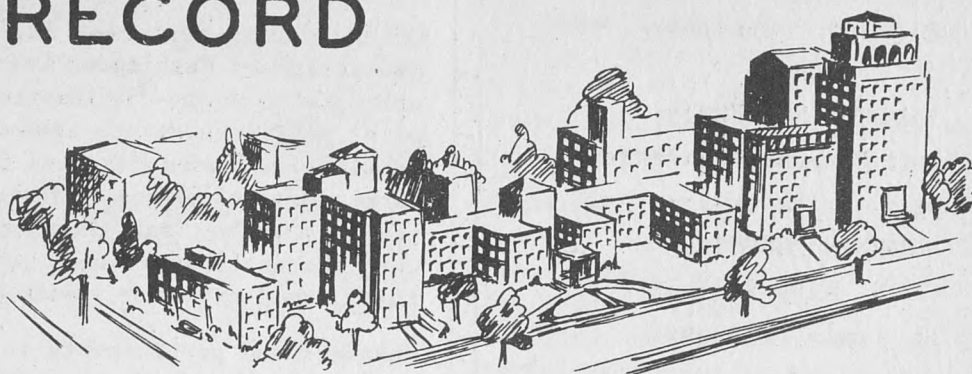


HOSPITAL RECORD



BARNES HOSPITAL
ST. LOUIS, MISSOURI

Volume 6, Number 9

September, 1952



The many and varied activities of the Dietary Department are but a means to one end - that of serving our patients the best possible food for their needs. KATHY LYTER, Therapeutic Dietitian, knows that an appetizing meal tastes even better when served with a great big smile.

FOOD WITH A FLAIR - - -

IN OUR DIETARY DEPARTMENT

HOSPITAL RECORD*Vol. 6, No. 9 September, 1952**Editor***MARTHA SCHWERMIN***Assistant Personnel Director**Published in the interest of***BARNES HOSPITAL****600 S. Kingshighway****St. Louis, Missouri****CONSTRUCTION BEGUN ON RENARD HOSPITAL**

Early this month, construction was begun on Washington University's latest addition to the medical center - a \$1,430,000 hospital which will provide facilities for as many as one hundred patients, as well as for teaching and research in the field of psychiatry.

The seven-story building is to be on Audubon Avenue, about 500 feet east of Kingshighway, immediately west of the Washington University Clinic Building. It will be known as the Renard Hospital in honor of the late MR. and MRS. WALLACE RENARD, whose gifts to the university have provided a major portion of the funds for the structure.

In addition to the space allocated for patients, the building will have classrooms, patient interview rooms, offices for physicians and examination rooms. Recreational and exercise areas will be provided on the roof for patients. Kitchen and laundry facilities and receiving and mechanical rooms will be on the ground floor.

There will be corridor connections to the main corridors of the Barnes Hospital Group and the hospital will be accessible to other buildings of the medical center. The exterior of the hospital is being planned to harmonize with other buildings in the group.

**BARNES EMPLOYEES ATTEND
PUBLIC RELATIONS INSTITUTE**

On Wednesday, September 10, Brown Hall Auditorium of Washington University was the scene of a one-day institute for hospital public relations sponsored by the Greater St. Louis Hospital Council. A large number of Barnes employees were present at the meeting. Those who attended were chosen because their jobs required them to deal extensively with the public.

Speakers and participants in panel discussions on the day's program emphasized the essential need for good relations among hospital personnel, patients and their families. ALFRED FLEISHMAN of the Fleishman, Hillard and Associates public relations firm made a brief address on "What Is Public Relations?" HARRY PANHORST, Associate Director of the Washington University Clinic, was one of the major speakers of the day. His subject was "Administrative Problems in Our Modern Hospitals." The REVEREND CARL C. RASCHE, Administrator of Deaconess Evangelical Hospital, presided over the general session of the institute. W. I. CHRISTOPHER, Assistant Administrator and Personnel Director of DePaul Hospital, was chairman of the institute.

A humorous skit was presented by members of the hospital council showing some of the wrong things that can be done by hospital personnel in dealing with patients. Barnes Hospital employees who participated included: CORNELIA KNOWLES, GRACE HUEY, WILDA CARSON, HARRY PANHORST, LAURA HUNT and SHIRLEY MADDOX.

Panel discussions were held on problems of switchboard operators, administrative officials, admitting officers, technicians, dietary workers, housekeepers, nurses and business office employees. Workshop conferences were held in the afternoon session.

(Pictures on Page 10)

EXPERTS ON CALORIES? -YOU BET! BUT THAT'S ONLY A PART OF A DIETITIAN'S JOB

An old adage states that "the way to a man's heart is through his stomach." Modern hospitals, recognizing the value of good food in relation to physical and mental well-being, have modified the time-worn proverb somewhat to read: "One way to a patient's good-will is through his stomach." Of course, the discharged patient realizes that it has been the combined efforts of many skilled professions which have helped to bring about his recovery, but chances are ten to one that one of his outstanding impressions of his hospital stay will be the food he has had to eat while there. That is why the Dietary staff of a hospital is such a vital part of the institution. In addition to its obviously important role in helping to effect a cure in the treatment of illnesses, the Dietary Department is in a position to be one of the best public relations representatives the hospital has. The hundreds of patients fed daily at Barnes can vouch for the fact that our Dietary Department, supervised by MISS HENRIETTA BECKER, is fulfilling all its obligations in both respects.

The science of Dietetics is a relatively new one. It was the logical outgrowth of all the great work in nutrition research done in the latter part of the last century and continued with even greater impetus in the twentieth century. From the very dawn of the practice of medicine, food has been recognized as having a part in the treatment of disease, but it was not until tools and methods of work were devised which could be used to measure quantitative factors and to prove experimentally the relationship between food intake and physical well-being, that nutrition became the science it is today. As this new entry into the scientific field became established, the need for its application to the problem of feeding individuals and groups of people became apparent.

Simple courses in "domestic science" sprang into being, but were gradually replaced with college courses of a specialized nature. Today, adequate preparation for work as a dietitian calls for at least a bachelor's degree from an accredited

(Continued on Next Page)

In the Metabolism Kitchen, diabetic and other weighed diets are calculated and served. One of the important jobs of the dietitian on this service is the instruction of patients on the diets they are to follow after leaving the hospital.



DIETITIANS -

(Continued from Page 3)

college or university. The dietitian's formal college work has usually been in the home economics division of her college, with a major in foods and nutrition or in institution management. In addition, the American Dietetic Association recommends a fifth year of directed experience immediately following graduation in an approved course for training student dietitians. Just as the newly graduated doctors must serve an internship, so must the prospective dietitian serve a year in the capacity of intern. Barnes Hospital has had an ADA approved course for the training of student dietitians since 1920.

Hospitals offered the first employment opportunities to dietitians and currently employ the largest number. At Barnes, our dietitians' activities embrace much more

Dietitians enjoy their work in Maternity Hospital, for here they have the opportunity to feed people who are well and interested in eating. In the Formula Room (shown here) normal formulae for well babies are prepared.



than the formulation of therapeutic diets. The operation of the Cafeteria, McMillan Lunch Counter, Clinic Snack Bar, and the Soda Fountain all come under the jurisdiction of the Dietary Department. The Main Kitchen, Metabolism Kitchen, Maternity Formula Room, and Food Clinic are run by the Dietary Department, which also carries on a program of teaching foods, nutrition and diet therapy to student nurses. However, all these activities are but a means to one end - that of serving our patients the best possible food for their needs. Throughout their internship, students are continually reminded that this is their primary objective. The doctor and the dietitian work together on corrective diets for the patients. Regular visits with the patients are an important part of the routine of the therapeutic dietitians, who also see to the supervision of the twenty-four floor kit-

(Continued on Next Page)

The Main Kitchen dietitian must know how to order and purchase large quantities of food. Checking in and storing staples and perishables is another vital part of her job.



DIETITIANS - (Continued from Page 4)



In the Food Clinic, the dietitian's work is closely integrated with that of the physician as she formulates corrective diets for the out-patients and instructs them in how to follow them - and perhaps to even enjoy them!

chens.

Last year our Dietary Department served 2,365,119 people. Of this number, patients alone received 682,191 meals. It seems superfluous to say that this herculean task could not have been performed without a high degree of teamwork. Our dietitians could not hope to accomplish the many and varied duties assigned to them without the services rendered by all the subsidiary personnel of the Dietary Department. Together, this team performs its duties in a field of work where the results are tangible and deeply satisfying.

LOST

Gold wedding band. Inscribed: LG to RB, 6-11-49. \$10.00 reward. Call Personnel, Station 617.

NEW SCHEDULE FOR EMPLOYEE SICK CALL

On Monday, September 15, a new schedule for employee sick call went into effect. The new hours are as follows:

Monday	8-11:30	12-1	2:30-3
Tuesday	8-11:30	1-2	2:30-3
Wednesday	8-11:30	12-1	2:30-3
Thursday	8- 9:30	10:30-1	2:30-3
Friday	8-11:30	12-1	2:30-3
Saturday	8-11:30	No afternoon hours	

Personnel working the night shift are to stay until 8:00 a.m. and will be seen ahead of all other patients so as to allow them to leave the hospital as soon as possible. The 2:30-3 shift is reserved for personnel working the evening shift. Employees who become sick or injured on duty will be seen promptly at any time. If a physician is not on duty, employees requiring immediate attention should go to the Emergency Division on the ground floor of Private Pavilion. Personnel who wish dental extractions must report to the Personnel Health Office at 9:45 or 1:00 on week days, and at 8:00 a.m. on Saturdays.

In addition to DR. HERMAN ERLANGER, DR. CHARLES ROSS and DR. J. MONTGOMERY SMITH will be seeing patients on sick call.

COMMUNITY CHEST TOURS AT MEDICAL CENTER

As plans get underway for the opening of the 1952 Community Chest Campaign, Barnes Hospital is once again acting as host to groups of people, representing various business firms of our city, who wish to make a tour of our medical center under the auspices of the Greater St. Louis Community Chest.

As member agencies of the Community Chest, the hospitals in our group always welcome these tours, as they are composed of persons who will act as solicitors in the forthcoming campaign. By actually seeing the work being done in our hospitals and clinic, as well as in other Chest agencies throughout the city, they are better able to solicit more effectively.



BARNES PERSONALITY

A familiar person to everyone in the medical group is MISS AMALIA WEHRLE, who is known as "MOLLY" to everyone. Molly is the possessor of an enviable record which boasts only two day's absence in the more than six years she has been working as a Cashier over in the Drug Store. Her ready smile and friendly manner have won her many friends among the patrons of the Drug Store where she is Evening Supervisor. "My mother was ill for ten years and so I can appreciate the way patients' relatives feel," is the way Molly explains the fact that people who have been here many months ago, meet her on the street and thank her for the kindness she showed them when they had relatives in the hospital.

Born right here in St. Louis, Molly attended St. Boniface Grade School and St. Joseph's Academy. For a number of years she stayed home to care for her invalid mother, but at the outbreak of World War II, she accepted a job at Jefferson Barracks as head of the officers' clothing department in the Post Exchange. When the war was over, she came to her present job at Barnes.

Molly makes her home with an older brother.

BARNES EMPLOYEES ATTEND FASHION SHOW HONORING MISS KATHY LYTER

On August 25, Barnes Hospital's feminine employees were invited to be present at a showing of the latest fall fashions in the music hall of Scruggs, Vandervoort and Barney Department Store. The show was given in honor of MISS KATHY LYTER, Therapeutic Dietitian on the staff at Barnes, who was featured as career girl of the month in the September issue of Charm Magazine.

Kathy, who has been a member of our Dietary staff since October of 1950, works on the medical wards of the hospital. A native of Quincy, Illinois, she received her college training at Ward-Belmont and the University of Missouri, and served her dietary internship in the Dietetics Department of Duke University Medical School. She was chosen as truly representative of her profession to be featured in the Charm Magazine article entitled "She Works in St. Louis." Kathy was one of the models in the fashion show for Barnes employees.

Other members of our medical center who participated as models in the show were: PEARL LOUISE COOPER, Head Nurse in Barnes; LOUISE YOVANOVICH, Assistant Head Nurse in Maternity; CAROLYN KAVANAUGH, Dietary Intern; LA VERNE NINMO, Medical Technologist in Barnes Doctors' Office; BETTY CASTLEMAN, Head Nurse in the Clinic; and EVANGELINE TRAUBITZ, Senior Nursing Student.

She claims that working the evening shift does not give her too much time for club activities, but she is active in the church and manages to squeeze a lot of fun into her day off. Tops on her list of favorites are: semi-classical music, cooking, horseback riding, long rides in the country, and watching hockey and wrestling matches. Her one weakness is large earrings - the bigger the better!

ON
THE
SCENE



ANN VOSE, Head Nurse in the Clinic, is enjoying an extensive motor trip through the east. --- Best wishes for a speedy recovery to ERNEST HAMPE, Volunteer, who has been a patient in the hospital. Mr. Hampe has been doing volunteer work at Barnes since 1944. --- MARIAN O'MALLEY, Secretary in the Purchasing Office, is wearing a beautiful new diamond these days. She is planning a late fall wedding to EDWARD DECKER. --- Congratulations to MR. and MRS. WILLIAM E. BARTLEY, III, on their marriage September 6 at St. Luke's Church in Richmond Heights. Mrs. Bartley is the former GRACE CLELAND, Psychiatry Nurse on our staff. She plans to continue working here while her husband does graduate work at Washington University. --- The new Secretary in McMillan Doctors' Office is JACKIE MAHN, formerly of McMillan Admitting. She replaces JANET DAVIS who has resigned to await a visit from the stork. --- DR. and MRS. PERCY LUECKE are receiving congratulations on the birth of a baby boy on September 10 at Maternity. Dr. Luecke is on the staff at Children's Hospital, while Mrs. Luecke has been Chief Technician in the Clinic Lab. --- Another new arrival is the infant daughter of DR. and MRS. AL GOLDHAR, born early September. Dr. Goldhar is Assistant Resident on the staff at Maternity. --- A number of people from Barnes represented the hospital at the annual convention of the American Hospital Association in Philadelphia September 15-18. Those who attended the convention included: DR. FRANK BRADLEY, HARRY PANHORST, TERRY YATES, GRACE HUEY and DEAN EBERHARDT. --- Our sincerest sympathy to ELAINE RANCK, Part Time Medical Record

Clerk in Barnes, on the death of her husband, and to MARLENE HUNTER, Metabolism Dietitian, on the death of her uncle. --- JULIUS KRASNER, Laundry Manager, is making plans to attend the annual convention of Laundry Managers at Atlantic City October 2-5. He is a nominee for a national office in the Association. --- Congratulations to all the new graduate nurses who are sporting beautiful new white uniforms and shiny new class pins. On the morning of September 13, all the graduates were entertained at a breakfast in the Cafeteria, then went to the Lounge of the Nurses' Residence, where they received their diplomas and pins from MISS LOUISE KNAPP, Director of the School of Nursing. --- The Clinic Typing Pool was happy to welcome MARY LOU CRAWFORD back to work after a lengthy absence caused by a fractured ankle. --- Best wishes for much happiness to ETHEL AUSTIN, Dietary Maid on Private Pavilion, on her marriage September 11 to OTHELLE JONES. --- LT. and MRS. BOB FARRAND were recent visitors at the hospital. Mrs. Farrand is the former JANE HENRY, Staff Dietitian in the Main Kitchen until a year ago. They were in St. Louis attending a dental convention. --- The Clinic is gradually recovering from vacations. DR. BARNEY BROOKS has returned from his vacation at his summer home in Wisconsin. MALVINA BAUMSTARK, Clinic Medical Record Library Manager, has just come back from a wonderful trip east. --- The pretty new engagement ring being worn by BENNIE BELL ROBERTSON, Barnes Accounting, is a gift from CLYDE MANN, a member of the United States Navy. Tentative plans for a wedding a year hence are being made. --- Good luck to EARL BALDWIN, Orderly, as he leaves to accept a job as quarterback with a farm team of the Greenbay Packers at Chester, Pennsylvania. This is a semi-professional football team. --- ANN PROCHASKA, Surgical Nursing Supervisor, was guest of honor at a barbecue on September 13 at the home of ANN CAMPBELL, Superintendent of Nurses. Miss Prochaska will be

(Continued on Page 8)



KNOW YOUR STAFF

This month's personality, a young lady famous for her wonderful sense of humor and sincere interest in everyone and everything about her, is MISS ELIZABETH "BETTY" GARRETT, an Executive Assistant in Barnes Admitting. Although she insists that she never does "anything worth writing about," the record shows her to be one of the busiest people around here.

When she is not holding down her job over in the Admitting Office, she is rushing off to meetings of the committee for the hospital disaster program or to one of the numerous meetings of the Washington University Alumni Association in which she is active. Miss Garrett is past president of the Washington University Nursing Alumnae Association and at present is most enthusiastic about the work she is doing on the Alumni Fund Board, making plans for the school's centennial celebration. She and her father raise wire haired fox terriers at their home out in the county and she claims that with her job at Barnes and the pups, she does not have time for a regular "hobby." She manages to squeeze a little time into her busy schedule for piano lessons, however, and is a record collector whose tastes range from dixie-

land to the classics. Other favorite activities when she has "time for them" are bridge, swimming, golf, reading biographies, and watching football games.

A native of Little Rock, Arkansas, Miss Garrett has nevertheless spent most of her life in St. Louis where she attended Buder Grade School and Cleveland High School before enrolling at Washington University School of Nursing in 1944 as a member of the Nurse Cadet Corps. She came on staff at Barnes immediately following graduation in June, 1947, as a Junior Staff Nurse on 2405 Nursing Division, and at the time of her promotion to Executive Assistant in Admitting, had progressed to Head Nurse on 7200. She has had her present job since a year ago this past June. Nursing seems to run in her family as her only sister, MRS. ROSA LEE CONNER of Maternity Admitting, is also a member of the profession. As a matter of fact, it was the example set by Mrs. Conner that prompted her younger sister to follow in her footsteps as a nurse. Miss Garrett tried her hand at being a secretary at Curtiss-Wright for a year after finishing high school, but she soon realized that her real interest lay, not in mass production, but in the business of helping people get well. It seems safe to say that there is not anyone in our medical group who would not agree that the business world's loss was most decidedly Barnes Hospital's gain!

ON THE SCENE

(Continued from Page 7)

taking a year's leave of absence in order to attend school at Washington University. --- FERN ARMSTRONG, Senior Staff Nurse on 2100, is having a wonderful vacation touring Europe. --- CHAPLAIN GEORGE BOWLES, attended the 30th anniversary celebration of his high school graduation at Livingstone, Texas, recently.

CHAPLAIN'S CORNER

by

GEORGE BOWLES



We are now passing through one of the glorious months of the year. September has been referred to as the time for beginning again. Summer has passed, and now it is time to make adjustments to the work we do and the place we fill in the plan of human living.

This is an appropriate time to take stock of our attitudes in regard to the tasks we have in life. Already this month I have heard some speak of the joy of being back at work after a refreshing vacation, while others have voiced the difficulties that come in getting used to the old daily grind of working again. The interesting thing is that these two attitudes are expressed by different individuals doing the same job.

September is a month of decision for many who are to carry particular responsibilities in the years ahead. Young people find that this is a time for launching out into fields of preparation through our educational institutions. The ever-present temptation to young people is to go to work at something that is available at the moment, rather than to face the long period of hard study without any income and the great expense that is involved. This decision, of course, is not the same for all. Available resources, family responsibilities and many other circumstances can enter in, but for all who prepare for special tasks of life, there is a certain equality about it - hard work, long hours and years without income are to be experienced by all.

This is a month of new understandings for young parents. Little children reach that

point of starting to school for the first time, and when this happens, it seems that all normal parents have mixed emotions of thanksgiving and responsibility. This is a part of the growing-up process for adults, and there is a challenge to be big enough to meet it.

September is an important month of the harvest. Again we are reminded that God has provided for our daily needs through the gift of sunshine, the rain and the fertility of the land. We, too, are expected to provide for the on-going of life in our several ways.

STUDENTS RETURN TO MEDICAL CENTER

The tempo of the medical center has increased considerably with the return of all the students to the various schools throughout the group.

Enrollment for the schools for the coming year is as follows: Medical School, 366; Dental School, 198; Hospital Administration, 14; Physical Therapy, 25; Occupational Therapy, 59; School for Laboratory Technicians, 8; Dietary interns, 12; and School of Nursing, 206. There will be an additional number of students in the Nursing School in October.

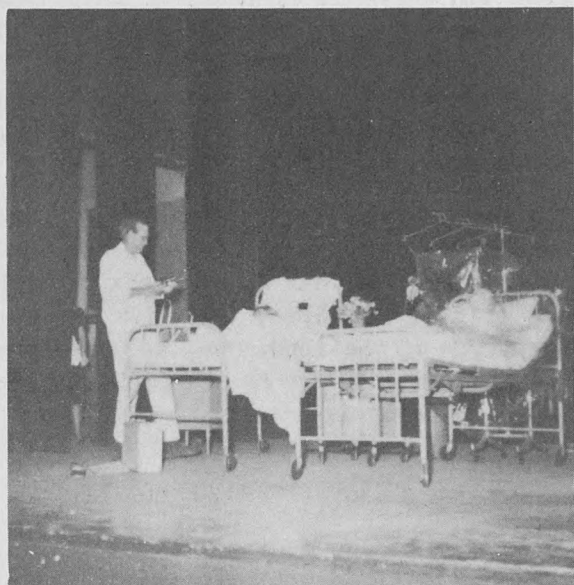
Two men were flying west in a passenger plane, making the first air trips of their lives. The plane touched down at Chicago and a little orange Phillips truck sped out to its side to refuel it. The plane landed again at Wichita and again a little orange truck dashed up to it. The third stop was Denver (you guessed it) little orange truck again.

The first of the two men looked at his watch and turned to his companion.

"This plane," he said, "makes wonderful time."

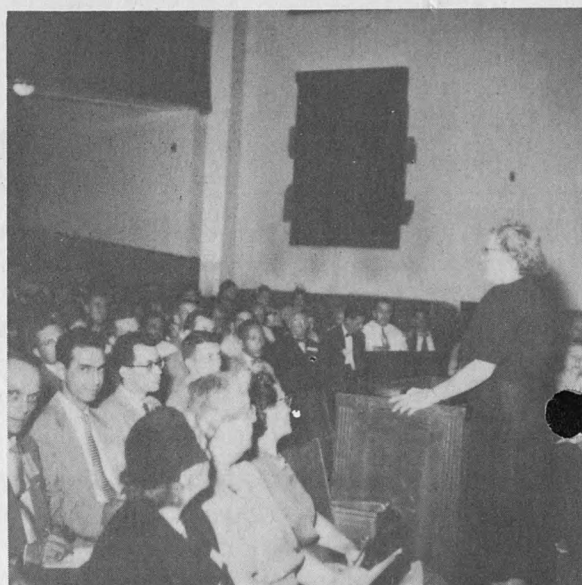
"Yep," said the other, "and that little orange truck ain't doin' bad either."

NEWS AND VIEWS AT BARNES

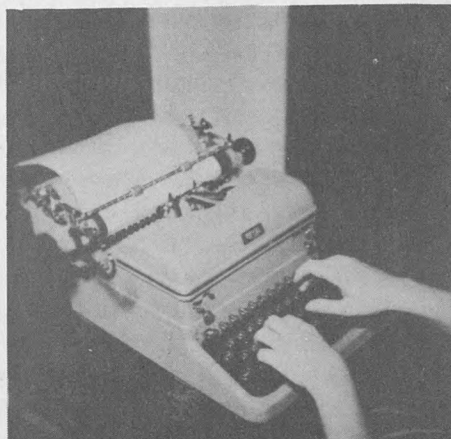


At the Public Relations Institute at Washington University on September 10, a number of Barnes employees took part in the day's activities. Left: HARRY PANHORST, wearing a bright red wig, was one of the

Early in September, construction was begun on Renard Hospital, latest addition to the medical center. Here, bulldozers remove the trees, preparatory to leveling the ground for the new building.



participants in a humorous skit showing how NOT to treat our patients. Right: ANN CAMPBELL was one of the speakers on the program sponsored by the Greater St. Louis Hospital Council.



WOULD YOU BELIEVE IT?

Would you believe that, in the Barnes Hospital Group, almost 200 typewriters are required to turn out the many letters, records and reports which are necessary in the running of a large institution such as ours?